

Course List 2023

Each full day course is priced at £399 and half day courses are priced at £249. If two half day courses are booked to be completed over the course of one day, the cost will be £399.

Virtual classroom courses are also available.

Our virtual classroom courses mean our experienced trainers can deliver interactive training sessions live to you and your team via computer, tablet, or mobile phone.

Fire Safety

Course	Duration	Maximum attendees	Price per day
Fire Awareness	Half day	12	£249
Fire Marshal	Half day	12	£249

First Aid

Course	Duration	Maximum attendees	Price per day
Anaphylaxis and Auto Injectors	Half day	12	£249
Basic Life Support and Safe Use of an Automated External Defibrillator	Half day	12	£249
Emergency First Aid at Work	1 day	12	£399
Emergency Paediatric First Aid	1 day	12	£399
First Aid at Work	3 days	12	£399

First Aid at Work – Annual Refresher	Half day	12	£249
First Aid at Work – Requalification	2 days	12	£399
Paediatric First Aid	2 days	12	£399
Paediatric First Aid – Annual Refresher	Half day	12	£249

Health & Safety

Course	Duration	Maximum attendees	Price per day
Control of Substances Hazardous to Health (COSHH) Awareness	Half day	12	£249
Health & Safety Awareness	Half day	12	£249
Health & Safety Risk Assessment	Half day	12	£249
Manual Handling of Objects	Half day	12	£249
Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	Half day	12	£249

Health & Social Care

Course	Duration	Maximum attendees	Price per day
Acquired Brain Injury Awareness	Half day	12	£249
Adult Support and Protection	Half day	12	£249
Adults with Incapacity	Half day	12	£249
Anaphylaxis and Auto Injectors	Half day	12	£249
Aseptic Technique	Half day	12	£249
Attention Deficit Hyperactivity Disorder (ADHD) Awareness	Half day	12	£249
Autism Awareness	Half day	12	£249

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Substance Abuse Awareness	Half day	12	£249
Syringe Driver	Half day	12	£249
The Principles of End of Life Care	1 Day	12	£399
The Scottish Manual Handling Passport Scheme	2 days	12	£399
The Scottish Manual Handling Passport Scheme – Annual Refresher	1 day	12	£399
Verification of Death	Half day	12	£249
Wound Care Management	Half day	12	£249

Leadership, Management and Business Skills

Course	Duration	Maximum attendees	Price per day
Customer Service	1 day	12	£399

Mental Health

Course	Duration	Maximum attendees	Price per day
Mental Health Awareness	1 day	12	£399
Mental Health First Aid	1 day	12	£399
Scottish Mental Health First Aid: Young People	Blended Learning	18	TBC with client

Train the Trainer

Course	Duration	Maximum attendees	Price per day
Manual Handling of Objects Train the Trainer	3 days	12	£399
Manual Handling of Objects Train the Trainer – Update	1 day	12	£399

Moving and Handling of People Train the Trainer	4 days	12	£399
Moving and Handling of People Train the Trainer – Update	2 days	12	£399